\$5

PROGRAMMING GUIDE SEPT. 7TH - OCT. 27TH, 2019

# MILLER'S GROVE PUBLIC ACCESS

IS THERE A
PLACE FOR <u>YOU</u>
ON TELEVISION?

DEMONS EXPOSED

STIGMA!
CAUGHT ON FILM
SEE THE SHOCKING
TRUTH

PUPPETS, SINNERS,
AND A WHOLE
LOTTA LAUGHS!
NEW SHOWS &
OLD FAVORITES
COMING TO YOU
THIS FALL

SEPT. LINEUP...PAGE 4 OCT. LINEUP...PAGE 10

# A MESSAGE FROM OUR DIRECTOR OF PROGRAMMING

The main initiative of *Miller's Grove Public Access* is to create a safe space for marginalized artists to produce personal and impactful work. Using older videography methods and re-used materials with a DIY sensibility, the project aims to be as accessible as possible. Eliminating the need for high quality visuals and intricate production values allows the artists to focus on their message while still creating work in a unique style.

Utilizing the media critical eye of video art, the community based objectives of public access television, and the personal orientation of the 1990s, *Miller's Grove Public Access* explores personal experiences with mental illness to deconstruct stigma. By humanizing symptoms and providing a platform for healthy self expression, the on-going project aims to dispel harmful ideologies keeping individuals from getting the help they need and deserve.

Sophia Gordon-Stevens
Creator and Director of Programming

## DID YOU KNOW EACH SHOW GOES THROUGH A TAPE TRANSFER PROCESS?

NO?

## THEN YOU'LL BE SURPRISED TO FIND OUT THEY'VE BEEN CIRCUIT BENT TOO!

Adhering to the homemade charm of public access, each show goes through a tape transfer process before the footage is circuit bent through a VCR. After the show is re-synced digitally it is then transferred back to a VHS tape as a finished product.

### **FOLLOW US ON SOCIAL MEDIA**

Facebook.com/millersgrovepublicaccess Instagram: @millersgrovepa Vimeo.com/mgpa

### **TABLE OF CONTENTS**

### SEPTEMBER LINEUP...page 4

- Happy Street Puppet Pals (ep.1)
- UPC Codes: The Devil is in The Details
- What is Anxiety and Dysthymia?
- Success Unto You! (ep.1)
- The Magick of Mental Health: Resistance

Through Acceptance

- Holy Hour

How to Get Involved...page 8

### OCTOBER LINEUP...page 10

- Happy Street Puppet Pals (ep. 2)
- Ouch!
- One More Time
- Success Unto You! (ep. 2)
- What Do You Run From?
- The Magick of Mental Health: The New Gods

Additional Notes and Credits...page 15 Special Thanks...page 16

Compilation VHS tapes are for sale - \$30 Located on the shelf inside the installation. All proceeds benefit Turnip Green Creative Reuse, Miller's Grove Public Access, and the contributing artists.

### SEPTEMBER LINEUP

HAPPY STREET PUPPET PALS (EP. 1) ARTIST: SOPHIA GORDON-STEVENS

Sophia and her puppet pals (Tiny Mouse and Spider Friend) explore the dangers of mental health stigma, the importance of self care, and medication management.

In this particular episode, Tiny Mouse faces his own self stigma and learns a valuable lesson in friendship and respect.



UPC CODES: THE DEVIL IS IN THE DETAILS ARTIST: TYLER WORTHINGTON



Are you behaving irrationally? Are you feeling like someone you're not? Have you been to the supermarket recently? If the answer to at least one of these is yes you have likely been possessed by a demon! In this program we at Saint Shepard Church are here to inform you about the dangers of the new Universal Product Code being introduced into our

society. Using faith-based science and deduction, we present irrefutable evidence of satanic influence in our day-to-day shopping. Now you have the knowledge to combat ungrateful children, deviants of all shapes and colors, complainers, and demons with holy knowledge!

ARTIST NOTE: Growing up, the words "mental illness" didn't exist in my family. If it does, it usually refers to people who have already died and are past diagnosis or people who "just need to roll up their sleeves and put a little elbow grease on instead of whining all time". There's always a million reasons to get around empathy when you're raised in that mentality, ironically they would usually use the bible as a reason. God doesn't make mistakes, after all.

(Continued on next page...)

### (Continued from previous page)

If the tap water turns the frogs gay and the iPhones are giving you radiation sickness then obviously your mental health issues are from something just as banal. The scientists and the doctors don't want you to help explain what you're going through or give you solutions, they want your money. Pastors would never do something like that! Dealing with a combination of victim blaming and "just pray the sadness away" corroded my mental health a lot, and undiagnosed mental illness was already doing me no favors. I've gotten help, but meeting other people with mental illness in the bible belt has terrified me with stories of similar experience, and they're not always lucky enough to get the help I needed

## WHAT IS ANXIETY AND DYSTHYMIA? ARTIST: HILARY BASING

What is Anxiety and Dysthymia? is a single channel remix of a portion of a 2 channel project from 2013 called Mediation Mediation. It follows one person's search for identity within a media-saturated culture. I play a meditator seeking spiritual calm while simultaneously being bombarded by media images. This spiritual practice is a way to cope with the persistence of anxiety



and dysthymia. With an awareness that our everyday display of identity is a performance I try on different identities, refuting my own in the process.

Let The Lord Step In!
CALL US TODAY
1-800-EXORCIS
MAKE YOUR APPOINTMENT WITH
REV. BOBBY HYPES AND JACKIE MAY
WHILE THERE'S STILL TIME!

DONATE YOUR OLD TAPES TO MILLER'S GROVE PUBLIC ACCESS WE'RE CURRENTLY ACCEPTING: VHS, VHS-C, AND Hi8

# SUCCESS UNTO YOU! (EP. 1) ARTIST: SOPHIA GORDON-STEVENS



If intrusive thoughts have been setting you back or if depression has been dragging you further towards a fiery doom, then Jackie May wants YOU for the Church of Prosperity in Christ's Name!

For over eight years, the Hypes Family Foundation has been providing divine miracles for the meager fee of your mate-

rial possessions. So, make sure to turn that dial from Satan and tune in to Christ! With just a few weekly donations, you too can walk deep with the <u>HOLY KING JESUS!</u>

# THE MAGICK OF MENTAL HEALTH: RESISTANCE THROUGH ACCEPTANCE ARTIST: DYLAN SIMON

Through the MAGICK OF MENTAL HEALTH video program, the BORDER-LAND REACHING FOR UTOPIA SOCIETY will help you find the balance of mental health in your life. We offer a series of instructional episodes full of meditation and reality or paradigm shifting to work with such issues such as emotional imbalance, anxiety, panic attacks and more! Become



your true self, your healthy self and join our brotherhood, one episode at a time.



## HOLY HOUR ARTIST: SOPHIA GORDON-STEVENS



The Science Institute of Maenadius is proud to share our vision of a brighter future with the fine community of Miller's Grove.

This September, join us in a journey beyond the stars as we explore all the cosmos has to offer!

ARTIST NOTE: I struggled with both auditory and visual hallucinations starting at a very early age. As I entered into my preteens, these began to take on the form of religious delusions and were often mistaken (by myself and others) as "visions".

Through Holy Hour, I not only express the essence of psychosis and religious delusions, but also my own journey to re-center my spiritual identity and rekindle parts of myself I feel I have lost to years of emotional neglect and a severe lack of self-love.

# ENJOY WHAT YOU'VE SEEN SO FAR? FOLLOW THE ARTISTS ON INSTAGRAM!

Tyler Worthington @inversiontheory
Hilary Basing @aerobic.lust
Dylan Simon @theborderlander
Sophia Gordon-Stevens @sophiagordonart

THIS HAS BEEN A PRODUCTION OF MILLER'S GROVE PUBLIC ACCESS

Join us next month for an all NEW lineup featuring: GERALDINE LIM, NICKIE YORK, IAN GRANT DYLAN SIMON, and SOPHIA GORDON-STEVENS

### **HOW TO GET INVOLVED**

Miller's Grove Public Access is always looking for new shows. Anyone who has struggled with their mental health at some point in their life or anyone with a mental illness is eligible to apply.

For a full list of our guidelines and submission instructions, please visit: <a href="mailto:facebook.com/millersgrovepublicaccess">facebook.com/millersgrovepublicaccess</a>

What if I've never struggled with my mental health?

If you don't qualify to apply or would rather contribute in a different way, there are several ways in which you can do so.

#### GET THE WORD OUT

This is easiest and most effective way to help the project. Share our content on social media and talk to individuals who might be interested in submitting a show.

#### **EDUCATE YOURSELF**

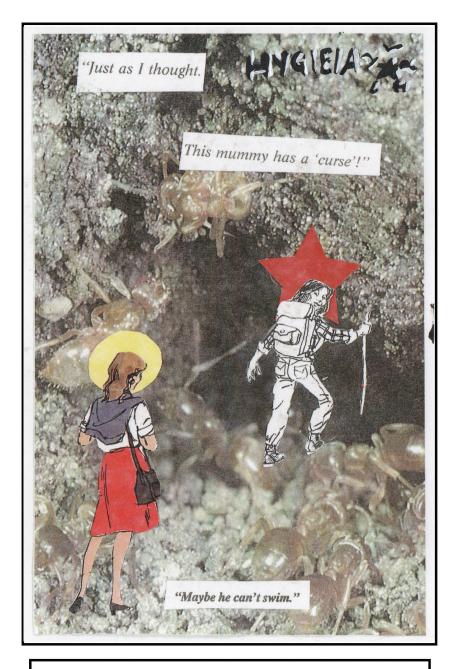
Liked what you saw? Didn't like what you saw? Did you get uncomfortable? GOOD! We here at MGPA want you to re-examine why.

#### LISTEN

Do you have friends or family members with a mental illness? Listen to them and their experiences. Don't talk over them or interrupt. Too often other people do the talking for folks with mental illness

### **VOLUNTEER**

If you know someone who would like to submit a show, but needs help with the technical aspects, share your expertise with them!



Ask your doctor about HYGIEIA today!

### **OCTOBER LINEUP**

HAPPY STREET PUPPET PALS (EP. 2) ARTIST: SOPHIA GORDON-STEVENS



Sophia and her puppet pals (Tiny Mouse and Spider Friend) explore the dangers of mental health stigma, the importance of self care, and medication management.

In this month's episode, Tiny Mouse learns to accept his new diagnosis and medication with the help of Spider Friend. Meanwhile, Sophia has some unexpected

troubles of her own.

OUCH!

ARTIST: GERALDINE LIM

Ouch! is a compilation of videos and animation that revolves around created characters involved in nonsensical situations and dialogues, trying to make sense of their belonging in dealing with being inherently non-conforming. It is a project

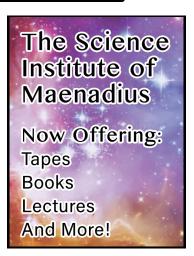
that I've done in coming to acceptance of my dealings with social anxiety and the feeling of alienation.

COMPILATION TAPES
ARE AVAILABLE
FOR PURCHASE - \$30
(Please see the shelf inside the installation for our current stock)

All proceeds benefit Turnip Green Creative Reuse, *Miller's Grove Public Access*, and the artists.

Access, and the artists.

Page 10



# ONE MORE TIME ARTIST: NICKIE YORK



This video is a lighter take on the spiraling experienced during an episode of obsessive-compulsive behavior.

Obsessive-Compulsive Disorder or OCD was once thought to be rare, but it is possibly the fourth most common mental disorder (Pittenger et al. 2005). Often manifesting in childhood, this disorder is treatable with some cognitive behavior

techniques and medications, but it doesnot typically resolve (Lack 2012).

My childhood experience with OCD included intrusive violent and sexual thoughts that were both embarrassing and terrifying. repetitive hand-washing, a cumulative and vivid re-imaging the worst parts of my day and attempting to fix them in my mind, placing toys in separate bags, and checking the stove in the middle of the night for fear the house would burn down. I no longer repetitively wash my hands (I allow myself two times and stop) but chose to show it in the video as it is the hallmark of North American OCD. My current experience with OCD includes imagining germs on substances, linking organizational or cleanliness failings with emotional or familial problems, a fraught relationship with weeds and my yard, checking and rechecking stoves, locks or anything else safety-related. If any of these habits sound familiar, it is because OCD is experienced by 2.3% of adults and children in the US, with a subclinical estimation of 5% (Lack 2012).

The smaller things I have the ability to almost control are typically the loudest in my mind, making peace with them is a lifelong challenge. An episode of obsessive-compulsive behavior can hijack a day and be highly disruptive to my family or co-workers and keep me from being productive — common triggers for OCD episodes germs, weeds, and insects. However, I love germs and weeds as they are ubiquitous and uniquely mine.

#### References:

Pittenger, C., Kelmendi, B., Bloch, M., Krystal, J. H., & Coric, V. (2005). Clinical treatment of the obsessive-compulsive disorder. Psychiatry (Edgmont (Pa.: Township), 2(11), 34-43. Lack C. W. (2012). Obsessive-compulsive disorder: Evidence-based treatments and future directions for research. World journal of psychiatry, 2(6), 86-90. doi:10.5498/wjp.v2.

SUCCESS UNTO YOU! (EP. 2)

ARTIST: SOPHIA GORDON-STEVENS

(TEDDY GORDON-STEVENS AS REV. BOBBY HYPES)



It's time to throw out them pills, y'all!

This month, Jackie May is accompanied by her loving husband and leader of the CPCN, Rev. Bobby Hypes. Together they cast out your Demons one phone call at a time!

GOD BLESS AND PRAISE HIS NAME!

WHAT DO YOU RUN FROM? ARTIST: IAN GRANT

In this piece I interviewed some friends and asked them what they emotionally run from and used footage of the actors running during the audio interviews. The footage of them running is taken through analog video effects filters and appears meditative and full of color. The footage is reminiscent of an out of body experience which makes the viewer feel more



connected to the actors' stories on mental health.

# ENJOY WHAT YOU'VE SEEN SO FAR? FOLLOW THE ARTISTS ON INSTAGRAM!

Ian Grant @ian\_grant666
Geraldine Lim @gerald\_dinner
Dylan Simon @theborderlander
Sophia Gordon-Stevens @sophiagordonart

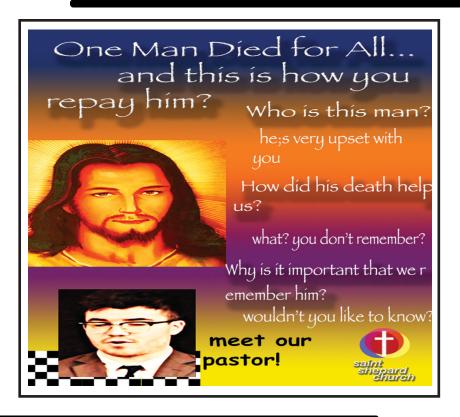
And don't forget to follow: @millersgrovepa

# THE MAGICK OF MENTAL HEALTH: THE NEW GODS ARTIST: DYLAN SIMON

Through the MAGICK OF MENTAL HEALTH video program, the BORDER-LAND REACHING FOR UTOPIA SOCIETY will help you find the balance of mental health in your life. We offer a series of instructional episodes full of meditation and reality or paradigm shifting to work with such issues such as emotional imbalance, anxiety, panic attacks and more!



Become your true self, your healthy self and join our brotherhood, one episode at a time.



### **ADDITIONAL NOTES AND CREDITS**

Hygieia print ad (page 9) by:

Yasmine El-Chaer

Saint Shepard Church print ad (page 11) by: Tyler Worthington

Additional print ads and commercials by: Sophia Gordon-Stevens

Sound Consultant and Post Audio by: Teddy Gordon-Stevens

All footage circuit bent by: Sophia Gordon-Stevens

Additional analog effects by: lan Grant on What Do You Run From? Dylan Simon on The Magick of Mental Health: The New Gods

The Miller's Grove Public Access sound library is brought to you in part by: Sounds For The Supermarket.

Make sure to visit: our Facebook page: facebook.com/millersgrovepublicaccess

For all inquiries, please email: millersgrovepa@gmail.com

## SPECIAL THANKS

Turnip Green Creative Reuse

The Awesome Foundation Disability Chapter

Leah Sherry

Sarah Wink

**David Hellams** 

**Teddy Gordon-Stevens** 

Lauren Basing

Judy Watson Gordon

Leslie Davis

Nickie York

THANK YOU FOR WATCHING! BE SURE TO STAY TUNED. THERE'S MORE TO COME!

